Kiwi delivery simulation – transcript of narration

Whilst separating the labia with the left hand, the kiwi cup is inserted into the posterior vagina. Once inside the vagina, the cup is re-positioned so that it is laying over the flexion point.

Check for maternal tissue entrapment.

The vacuum pressure is then increased to 0.8 kg/cm².

Check again to exclude maternal tissue entrapment.

Traction is in a downward direction following the J-shaped curve of the pelvis. Then becoming horizontal and, finally, upward.

As the head begins to crown, the perineum should be guarded. This may involve swapping hands. An episiotomy may be necessary.

The delivery of the head should be slow and controlled, replicating a spontaneous vertex delivery.